

<b>Nutrition Facts</b>			
Serving size: 1 (340g)			
Servings Per Container 1			
<b>Amount Per Serving</b>			
<b>Calories</b>	305	Cal. from Fat	188
<b>% Daily Value*</b>			
<b>Total Fat</b>	21g		<b>30%</b>
Saturated Fat	8g		<b>40%</b>
Trans Fats	0g		
<b>Cholesterol</b>	31mg		<b>10%</b>
<b>Sodium</b>	1065mg		<b>45%</b>
<b>Total Carbohydrate</b>	21g		<b>8%</b>
Dietary Fiber	2g		<b>8%</b>
Sugars	0g		
<b>Protein</b>	10g		
Vitamin A	20%	Vitamin C	10%
Calcium	30%	Iron	4%
* Percent Daily Values is based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

Butternut Squash Soup. 12 oz