

Nutrition Facts			
Serving size: 1 (340g)			
Servings Per Container 1			
Amount Per Serving			
Calories	105	Cal. from Fat	34
% Daily Value*			
Total Fat	4g		6%
Saturated Fat	1g		4%
Trans Fats	0g		
Cholesterol	24mg		8%
Sodium	1099mg		45%
Total Carbohydrate	11g		4%
Dietary Fiber	0g		0%
Sugars	0g		
Protein	7g		
Vitamin A	15%	Vitamin C	0%
Calcium	0%	Iron	8%
* Percent Daily Values is based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

Chicken Noodle Soup. 12 oz