

Dressings	Serving Size (oz)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)
Asian Ginger	1.5	134	111	12	1	0	267	6	0	1	0	0	0	0	0
Athenian Greek	1	144	144	16	3	2	206	1	0.5	1	0	0	1	2	1
Empire Caesar	1	163	162	18	2	11	186	1	0	0	1	0	0	4	1
Extra Chunky Blue Cheese	1	136	126	14	4	16	184	1	0	0	2	2	0	4	0
Fat-Free Raspberry Vinaigrette with Poppyseed	1	41	0	0.5	0	0	75	9	1	7	0	0	0	0	0
Fat-Free Lemon Herb	1	17	0	0	0	0	118	3	0	1	0	0	0	0	0
Honey Poppyseed	1	169	144	16	2	0	77	6	0	6	0	0	0	1	1
Low-Fat Caribbean Mango	1	51	9	1	0	1	82	9	0	5	0	2	1	0	1
Low-Fat, Reduced Calorie Caesar	1	43	29	3	0	3	339	2	1	0	1	0	1	0	0
Low-Fat, Low-Calorie Honey Dijon	1	57	23.4	2.6	0	0	264	8	1	5	0	0	0	0	0
Low-Fat, Low-Calorie Italian	1	29	28	3	0	0	253	1	0	1	0	0	0	0	0
Low-Fat Peppercorn Ranch	1	50	25	3	1	5	220	4	0	4	1	0	0	2	0
Ranch	1	129	117	13	4	9	145	2	0	0	1	0	0	2	1
Spicy Peanut Sauce	1.5	196	136	15	2	0	629	13	1	9	5	2	0	0	4
Sesame French	1	146	108	12	2	1	396	10	0	6	0	2	2	1	1
Sun-Dried Tomato Vinaigrette	1	161	160	17.6	2	0	22.4	0.9	0.1	0.5	0	0	1	0	0
Thousand Island	1	134	126	14	2	12	244	4	0	2	0	5	5	1	1
Wasabi Teriyaki Marinade	1	50	27	3	0	0	583	4	0	3	1	0	1	0	0